

Greetings Dance Campers!



You are registered for Dance Camp North 2013 (Aug. 30-Sept 2). Locate your dancing shoes and prepare for Dance Camp. Here is some useful information.

Bring

Tent/RV if not in cabin

Sleeping bag/pad

Dancing shoes

Drinking cup

Walking shoes

Change of dance clothes

First aid supplies

Personal medications

Raingear/rubber boots

Jacket, hat and **flashlight**

Towel

Bath soap

Shampoo

Toothbrush-paste

Optional

Items for silent auction

Musical instruments

Canoe/Kayak/Life Preservers

Hiking shoes/clothes

Fishing gear

Quilt/wall décor to hang on walls

Swim wear

Munchies

Bug dope/Insect repellent

Pilates/Yoga mat

Your recorded music for late night dancing – iPod, mp3, laptop

Don't Bring

Alcohol

Pets

Guests who do
not plan to register

Dance Camp location and how to get there.

<http://contraborealis.org/dance-camp-north/dance-camp-north-location-and-accommodations/>

Dance Camp is held at the Lost Lake Boy Scout Camp. From Fairbanks, take the Richardson Highway toward North Pole and Eielson AFB. Continue on for 55.8 miles to the turnoff at Lost Lake Road, which is on the right (west) side of the Highway. The turnoff is just past Mile Post 306. If you go around a corner and see the Birch Lake rest area pullout on the shore of Birch Lake, you've gone a bit too far. See the enclosed map for more detailed directions and mile post markers for intermediate points of interest. Continue on Lost Lake Road until you reach the gate for Lost Lake Camp (just past the public boat landing for Lost Lake). Continue another mile, keeping to the left at the next intersection until you reach the main Lodge/Dining hall where you will find the registration table set up. You should plan on a leisurely 1.5 hr drive from Fairbanks. The registration table opens at noon on Saturday. Please do not bring pets to Camp (dogs, cats, goldfish, etc.). They are not allowed by the Boy Scouts.

Information

Unless you are helping with pre-camp (counts as one of your required jobs) chores, you do not need to arrive before noon. We will begin with a warm-up dance at 1:00 pm. There will be a 2:00 pm welcome orientation for everyone followed by a contradance with our guest artists – The Great Bear Trio with Adina Gordon calling.

At the registration table you will check in and pick up a Camp map to show you where you can set up your own camp or park your vehicle/RV or cabin locations if you have requested cabin accommodations. If you are 9 years of age or older you will be expected to sign up for **1 hour's total worth of work** (such as sweeping, setting up tables, serving meals, clean/restocking bathrooms/showers, etc.). That could be 2 or 3 jobs. Camp is a cooperative effort minimizing the cost of Camp and insuring that what needs to be done gets done to make the Camp run smoothly. If you are arriving late or leaving early, you can ask someone else to sign you up for the jobs that will match your schedule. Please do not park along the roadsides: they are very narrow and we need to maintain access for emergency vehicles, bicycles and foot traffic. You are welcome to drive to your campsite to unload. Once unloaded, please park at the rifle range, the main Lodge (across and up the hill on the opposite side of the road) from the shower area or the waterfront. If you park/camp at the waterfront, please leave spaces facing the lake for tents and RVs.

The first meal will be provided Saturday evening. Afternoon snacks during breaks starting Saturday afternoon will be provided. We've got great cooks who will feed us Saturday evening, 3 meals on Sunday and 2 meals on Monday. Dance Camp activities begin at mid-day on Saturday. We are currently working on the schedule which you will receive when you arrive at the registration desk. Sunday there will be workshops and dancing all day followed by an evening mini-concert and contra dance. Monday there will be morning dance and workshops and an afternoon dance which will end around 3:30 pm.

Remember to bring a sleeping bag and whatever else you want to sleep on (pillow, hammock, ground pad, etc.). If you are staying in a cabin, you can bring your own single sheets, fitted bottom sheets are helpful. It can be cold and rainy or warm and sunny. Cool nights will require a jacket or heavy sweater. **Weather predictions: day 50's-60's, night 30's-40's.** There are private shower facilities at three locations around Camp. Check the Camp map. In addition to the flush toilets at the Dance Hall/Dining facility (Boy Scout Honor Lodge) there are additional flush toilets at the shower facility 0.25 miles down the road from the Dance Hall. Down by the lake and through the woods near the camp sites there are commodious, supplemental outhouses.

To minimize the washing of cups and extravagant use of paper products, please bring your own, positively identifiable mug or water bottle to re-use throughout the weekend. To keep the dance floor clean and smooth, bring dancing shoes that will not be worn outside.

Be sure to bring first aid supplies and medications that you or your family may need for scratches, scrapes, sprains, stings, etc. Swimming will be at your own risk as there is no lifeguard on duty. There are nice hiking trails at the Camp. Buildings at camp are a 5 to 10 minute walk apart, with a 15 min walk from the Dance Hall to the Lakefront (maybe a bit longer going uphill from Lakefront to Dance Hall). Trails are not lighted so be sure to bring a flashlight (and spare batteries) or the name "Lost Lake" will take on a whole new meaning! Bring your own canoe and/or Kayak with a life preserver for each boater. Don't have a boat, the Boy Scouts have a number of canoes and life preservers available at the water front if you want to paddle around during breaks.

If you need to be reached at Dance Camp (in an emergency) the phone number at the BSA Honors Lodge is (907) 488-8311. There is limited cell phone coverage at Camp but no internet.

Continuing a tradition, we'd like to hang quilts on the walls in the dance hall to make the place a bit more cheery and help with the acoustics, so bring them if you have them. Don't forget to bring items for the silent auction. Very important!! We depend on this fundraiser in addition to your registration fees to cover the cost of Dance Camp.

If you are bringing children under 10yrs, there will be a meeting early afternoon on Saturday regarding cooperative care. We have wonderful volunteer parents to help organize childcare and this meeting will allow parents to set up a cooperative care schedule for the weekend. If you choose not to have your children in cooperative care, they may miss out on the fun, and you will be solely responsible for their safety and behavior.

This years camp Massage Therapist is long time dancer and musician Erin Tilly. She grew up in Fairbanks and has been practicing for the past 2 years after a 3,000 hour program at the West Coast College of Massage Therapy of British Columbia. You will find her in the main hall nurse's office to sign up for your session. Erin is accepting cash and checks only.

Remember if you need a ride to Camp or a place to stay the day before/day after Camp be sure to e-mail Jim Deininger at jdeining@hotmail.com or call 907-458-0059.

Don't forget the Friday night (Aug 30th.) in town dance at the Pioneer Park Dance Hall featuring our guest band and caller. Pioneer Park is located between Airport Road and the Chena River to the north and just east of Peger Road. The contra dance will run from 8:00 pm to 11:00 pm and will feature contras and squares as well as waltz and couple's dances. Admission (not part of the Dance Camp registration fee) but a discounted rate for registered campers is \$10 at the door. Be sure to bring clean non-marking dance shoes.

If you have any questions, please feel free to contact us at dcn@contraborealis.org or 907-479-0388. More information about camp and the dance hall location are on our website at www.contraborealis.org

Looking forward to seeing you at camp!